

Sikhism 4

Activity One - Recap Quiz

1. What did Nanak say when he came out of the water?
2. How many Gurus are there in Sikhism?
3. What is the holy book of the Sikh's called?
4. Where do Sikhs worship?
5. What was the moral of the story with Guru Gobind Singh and the story of I need a head?
6. According to Guru Nanak how many Gods are there really?
7. Guru Nanak said that God is formless or Narankar. What does this mean?
8. Who created God according to Guru Nanak?

Activity Two

The Ten Gurus – A Picture



Activity three - Nam Jap

"Meditation of the Lord is the highest of the deeds, through which myriads obtain release, through which the thirst (of desires) is quenched, through which one becomes all knowing, through which the fear of death goes away, through which all the desires are fulfilled, through which the dirt of the mind is cleansed and the Nectar of the Name of God is absorbed in the mind" (Guru Nanak, Gauri Sukhmani)

Debate: Why is saying the name of God so important to Sikhs?