

Balvikas: Sarva Dharma – Week 2

WHY DO WE NEED TO FOLLOW A RELIGION?

1) What is Religion?

Write down below three key words that describe what you think religion is

Fill in the blanks below after your teacher has explained to you what religion is.

Religion is a _____ to god

The word religion comes from the latin word religare means being _____ to. We are _____ to _____.

Buddha once explained that religion is like a _____ which takes from one side of the _____ to the other. When we have reached the other side we _____ the _____ behind. In the same way religion is the vehicle that takes us to _____.

2) Why do we need to follow religion? Write your answer below.

3) Why are there so many different religions?

There are many different religions in the world for example, Hinduism, Sikhism, Buddhism, Jainism, Zoroastrianism, Islam and Judaism. Even within those religions there are different sects for example in Hinduism there are saivites (those who believe in Shiva) and vaishnavites (those who believe in Vishnu), in Islam there are Sunni and Shiite Muslims.

With all these differences though there are things which all religions believe in. Can you think of them?

4) There is a lot of fighting in the world and this fighting is often justified in the name of religion. Baba however has said that we must love all.

Tick the answer you think is correct in the following questions

i) All religions in the world believe that we should

a) Love Everybody

- b) Hate everybody
 - c) Do what we like
- ii) If we believe in a religion we should
- a) Put down all other religions and show off about our own
 - b) Accept that everyone can believe in God in different way and not judge or criticise anyone else's beliefs
- iii) If someone criticises you for believing in your religion you should:
- a) Start a fight with them
 - b) Start telling them how great your religion is and how bad theirs is
 - c) Say "I'm sorry you feel that way, but I believe that all religions are pathways to God" and walk away