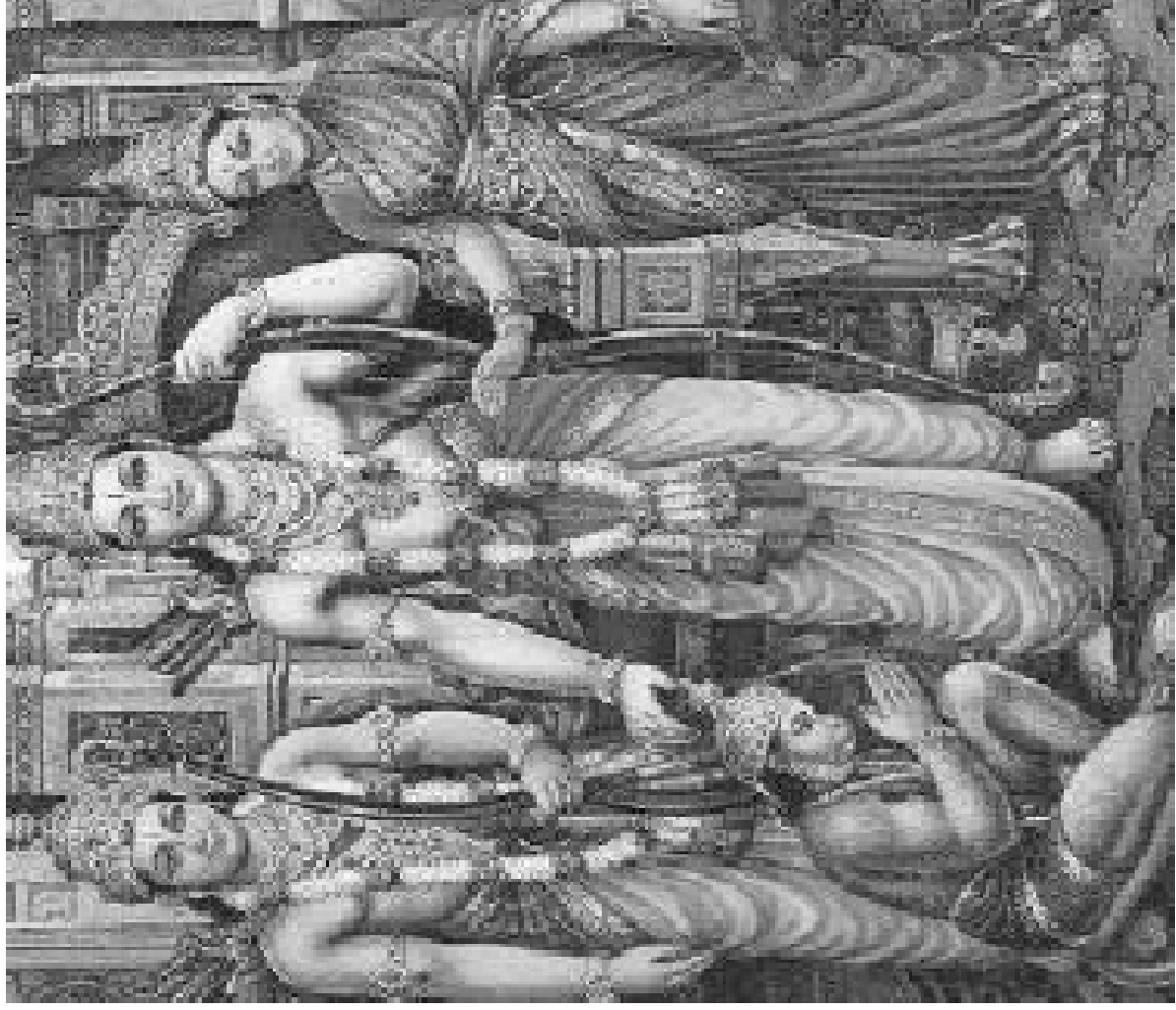


## **BALVIKAS: DHARMA AND RAMA**



## BALVIKAS WORKSHEETS

### Checklist of Ramayana Chapters

Shravana  
Childhood  
Rama Marries Sita  
Rama and Parasurama  
Rama To Become the King  
Kaikeyi's Resolve  
Rama Banished To Forest  
Bharata  
Bharata Persuades Rama To Return  
Shurpankha  
Ravana  
Ravana Abducts Sita  
Shabri  
Rama Meets Hanuman  
Sugreeva and Vali  
Search of Sita  
Hanuman Jumps Across The Sea  
Hanuman Finds Sita  
Havoc in Lanka  
Rama Prepares to Invade Lanka  
Kumbhkarna  
Laxmana Faints  
Indrajeet is Killed  
The Final Battle  
"Fire Test" for Sita

Rama Praises His Devotees  
Return To Ayodhya  
The End of the Story

### Bhajans:

Aum Sri Ram Jai Ram Jai Jai Ram  
Aum Sri Ram Jai Ram Jai Jai Ram  
Aum Sri Ram Jai Ram Jai Jai Ram  
Sita Ram Sita Ram Sita Ram  
Radhey Shyam Radhey Shyam Radhey Shyam  
Aum Sri Ram Jai Ram Jai Jai Ram

### Activity – As we go through the Bhajan write the meaning of the bhajan line next to the line

Raghupati raghava raja ram patita pavana sita ram  
Sita Ram Sita Ram Bhaja pyare tu Sita Ram  
Raghupati raghava raja ram patita pavana sita ram

Ishwar Allah Tero Nam Sab Ko Sanmati Dey Bhagavan

Raghupati raghava raja ram patita pavana sita ram

Sita Ram Sita Ram Bhaja pyare tu Sita Ram

Raghupati raghava raja ram patita pavana sita ram

Ratre ninda divase kam pyare bhajesu Sita Ram

Raghupati raghava raja ram patita pavana sita ram

Sita Ram Sita Ram Bhaja pyare tu Sita Ram

Raghupati raghava raja ram patita pavana sita ram

Hath se karalo ghar ka kam muck se bhajalo sita ram

Raghupati raghava raja ram patita pavana sita ram

Sita Ram Sita Ram Bhaja pyare tu Sita Ram

Raghupati raghava raja ram patita pavana sita ram

Ram Ram Bhajo Mana Hare Hare (3)

Raghupati Raghava Raja Rama Ram

Patita Pavana Sita Ram

Hare Ram Hare Ram Hare Hare Hare

Hare Ram Hare Ram Hare Hare Hare  
Ram Ram Bhajo Mana Hare Hare

*O mind, worship Lord Rama of the Raghu dynasty, Lord of Sita, who uplifts and purifies the fallen.*

### **Background of Ramanomi**

Sri-Ramnavami (Ramanomi) is dedicated to the memory of Lord Rama. It occurs on the ninth day (navami). The festival commemorates the birth of Rama who is remembered for his prosperous and righteous reign.

Ramrajya

(the reign of Rama) has become synonymous with a period of peace and prosperity..

Ramnavami occurs in the month of March. Celebrations begin with a prayer to

the Sun early in the morning. At midday, when Lord Rama is supposed to have been born, a special prayer is performed. In northern India especially,

an event that draws popular participation is the Ramnavami procession.

The

main attraction in this procession is a gaily decorated chariot in which four persons are dressed up as Rama, his brother Laxman, his queen Sita and his

disciple Hanuman. The chariot is accompanied by several other persons dressed up in ancient costumes as work by Rama's soldiers. The procession

is a gusty affair with the participants shouting praises echoing the happy days

of Rama's reign.