

# SarvaDharma – Hinduism:

## Stithaprajna

### Item 1

Review the homework which was to dedicate all your studies to Baba before beginning and giving up the fruits (results) of action

The task is to have a discussion on the results of the homework including – what one thought about when praying, how one felt, whether one's mind was still looking for the results of action eg were people still worrying about how it would go or what mark they would get, if they were not then ask how the task went - how did their studying go and was it different to how they normally study?

### Item 2 – Stithaprajna (the stable minded person)

If the younger members of Balvikas are present then (using your books if you have to) explain and describe to them in simple words what a stithaprajna is.

You can include within the description – the connections between Karma, desire and thoughts. You must also include how the stithaprajna feels about pleasure and mind and the fruits of actions.

What is the result of being a stithaprajna – how does he/feel? – Bliss – understanding reality. Remember 1) the wavelengths 2) the bubble, the drop and the ocean

If the younger members are not present then you must explain the above to each other

### Item 3 – Bhajan

Sing the followinh Bhajan – if you don't know it then ask kaka to teach you before bhajans

Gopal Radhe Krishna Govinda Govinda Gopal  
Gopal Gopal Gopal  
Govinda Govinda Gopal Sai Krishna  
Govinda Govinda Gopal  
Sai Govinda Govinda Gopal