

Ahimsa Lesson Plan

The lesson is in the form of a worksheet. Pupils read through each of the sections with the teacher and in the boxes provided under each section write down what they learn't for that section. Each box under each section tries to get the pupil to extract the main points from the given section.

The last section requires the teacher to explain who ahimsa applies to. The pupils then summarise this in the box provided.

Finally a separate quiz has been prepared to test what the pupils had learnt.