

Assignment 2

You have learnt the four human values and should now know them well enough to think about them throughout your day. The purpose of this homework is to get you to be able to think about every action and decision you make everyday and ensure it is aligned with the four human values.

Homework:

Part 1

From today till next Thursday, you are required to produce a journal/diary. For each day you will need to write a detailed account of:

1. How you made decisions or carried out actions that involved using the four human values to make the decision and what those decisions/actions were.
2. Why you made the decision/carried out the action. This is you explaining what human values you had to consider to carry out the action and why you thought those human values were important to carry out the action/decision.

Part 2

Also, you will need to find one error/fault about yourself for each day. This may be something you did wrong that day or it may be something you know is bad and you keep doing everyday.

You then need to write a paragraph on how you are going to correct this error/fault.

ASSIGNMENT NOTE

This homework is expected to be detailed. Part 1 should be at least one page long for each day and part 2 should be half a page.

DO NOT put something like: "Today I went to school and saw a boy fall over and so I helped him." As this is NOT an acceptable action and not explained.

What you are required to do is to write down actions/decisions that are made by you that are grown up actions, for example:

"A boy was having trouble with his homework and so I helped him as I felt it was my duty. Because duty is where my actions, words and thoughts are all the same and the action is a good action then this is why I consider this to be my duty. It also is good because it is seva and that is what swami tells us to do."

For part 2 a mistake or fault could be "I keep talking too much."
